



## ~ LUNCH MENU ~

### BOQUERONES & ACEITUNAS ANCHOVIES & OLIVES

A side of marinated white Spanish anchovies, green and black olives and *cornichons* 4.

### PAPAS DULCES SWEET POTATO FRIES

Rosemary-scented sweet potato fries, served with a side of whole grain mustard *allioli*\* 5.

### ARANCINI RICE BALLS

Two golden fried Arborio risotto cakes with saffron, mozzarella, and tomato salsa *sciué sciué* 5.

### BRUSCHETTE AL POMODORO TOMATO TOASTS

Grilled bread rubbed with garlic and topped with extra-virgin olive oil, fresh tomatoes, salt and pepper 5.

### TORTILLA ESPAÑOLA SPANISH OMELETTE

Omelet with onion and potatoes, served with marinated roasted bell pepper 5.

## soups and salads

### MINISTRA DEL GIORNO *SOUP OF THE DAY*

Soup of the day. Ask server for details 7.

### MELA MISTA APPLE SALAD

Washington apples, gorgonzola, mixed greens, candied walnuts, parmesan with an apple cider vinaigrette 8.

### CESARE\* CAESAR SALAD

Grilled romaine hearts, herbed croutons, and shaved parmesan 8.5

With grilled chicken, add 3.

With white Spanish anchovies, add 2.

### INSALATONA ENTRÉE SALAD

Escarole, spinach, hard boiled eggs, tomatoes, bacon tossed in a warm sherry vinaigrette 11.

### INSALATINA SIDE SALAD

Mixed greens with white balsamic vinaigrette 5.5



## sandwiches

PANINO RUSTICO ✓ *GRILLED SANDWICH*

Ham, roasted bell pepper, mozzarella, basil. Served with mixed greens 9.

PANINO ISCHIA ✓ *VEGETARIAN GRILLED SANDWICH*

Grilled eggplants, tomatoes, mozzarella, basil. Served with mixed greens 9.

TRIO ESPAÑOL ✓ *SPANISH TRIO*

Spanish chorizo devilled eggs, tortilla Española, Spanish cheese and chorizo sandwich 12.

TOAST FARCITO *GRILLED SANDWICH*

Sandwiches grilled in the traditional Italian tostapane

Ham & Cheese 5.5

Cheese 5.

## entrees

*for a less quick lunch*

LASAGNA ✓ *LAYERED PASTA*

Fresh pasta layered with béchamel, eggplants, sundried tomatoes, and ricotta 12.

PASTA ALL'ALFONSO ✓ *FRESH PASTA*

Fresh pappardelle pasta, butter, sage, parmesan 9.

ARROZ AL HORNO ○ *BAKED RICE*

Baked saffron rice with seafood, *chorizo*, red pepper, artichoke hearts and peas 18

HAMBURGER ALL'ITALIANA ✓ *ITALIAN STYLE HAMBURGER*

Beef patty with prosciutto crudo, mozzarella, arugula and tomato and salsa *mille isole*. Served with mixed greens 12.

✓ Vegetarian

○ Available **gluten free**– Ask server for details

\*Eating raw or undercooked meats, poultry, eggs, fish, or shellfish may increase your risk of food borne illness  
*Twenty percent gratuity will be included for party of six or more.*